

External Support Referrals – Internationals

About this document

This document has been set up to ensure that students are provided with the appropriate referrals to external providers when necessary.

It's important that all students are valued and feel supported in our college community so having a consistent and central place to store information is vital.

External provider details

English language support

Free providers

Reading Writing Hotline

1300 655 506

For help with reading, writing and basic maths.

Provide information about:

- classes that are close to students
- help by mail or computer
- finding teachers and other people who can help
- websites and books that can help students to learn.

Local professional services

Search for an English language tutor:

<https://www.firsttutors.com/australia/tutor-search-results.php>

State Library: North Terrace

Service Type: Conversation groups & Desk Tutors

Ph: 8207 7250

Website: www.slsa.sa.gov.au

Cost: Free

Hutt Street library: 235 Hutt St, Adelaide

Service Type: Conversation English

Ph: 8203 7990

Cost: \$2 per session no booking needed.

English Experts Adelaide (PTE & IELTS)

Address: Level-2/68 Grenfell St, Adelaide SA 5000

Areas served: South Australia and nearby areas

Phone: 0469 370 565

Website: www.englishexperts.com.au

Mental health, wellbeing and counselling

Free providers

Lifeline – suicide prevention and crisis support; available 24/7

Call: 13 11 14

Chat by text: 0477 13 11 14

Website: <https://www.lifeline.org.au/>

Resources on their website deal with suicide prevention but also have useful information for and tool kits for the following topics:

- asking for help
- depression
- domestic and family violence
- family and relationship problems
- financial problems
- loneliness and isolation
- loss and grief
- panic attacks
- problem gambling
- natural disaster recovery
- rural mental health
- self-harm
- stress
- substance abuse and addiction
- suicide bereavement support

Beyond Blue – support for depression and anxiety

1300 224 636

<https://www.beyondblue.org.au/>

Local professional services

Adelaide City Psychology

Website: www.adelaidecitypsychology.com.au

Address: 18 Ruthven Ave, Adelaide SA 5000

Phone: 1300-993-580

Email: adelaidecitypsychology@gmail.com

Christina Ramo Counselling: 53 Gilbert St, Adelaide SA 5000, Australia.

Tel: 0423 941 994. Website: <https://christinaramo.com.au/>

BlueSky Psychology - Counselling Adelaide

Address: 10/108 King William St, Adelaide SA 5000

Phone: (08) 8212 3944

Website: blueskypsychology.com.au

Disability services

FirstSelect Disability & Home Care: Level 7/90 King William St, Adelaide SA 5000, Australia.

Tel: 08 6388 0201. Website: <https://firstselect.care/>

Disability Assistance 4U Pty Ltd: 115/147 Pirie St, Adelaide SA 5000, Australia.

Tel: +61 470 219 358. Website: <http://disabilityassistance.com.au/>

AnglicareSA

Address: 159 Port Road, Hindmarsh SA 5007

Phone: (08) 8305 9200

Email: admin@anglicaresa.com.au

The Disability Empowerment centre SA

Address: 39 Grenfell St, Adelaide SA 5000

Areas served: South Australia and nearby areas

Phone: 0478 847 622

Local cultural, religious and community groups

Ethnic and community groups in SA:

Australian Migrant Resource Centre: <https://amrc.org.au/>

Adelaide - Islamic Information Centre of SA

Address: 19A Logan Street, Adelaide, SA-5000

Shree Swaminarayan Temple, Salisbury East

Address: 56-68 Clayson Rd, Salisbury East SA 5109

Phone: 1800 778 235

Adelaide Hebrew Congregation

Address: 13 Flemington Road, Glenside, South Australia 5065

Telephone: +61 8 8338 2922

Email: office@adelaidehebrew.com

Trinity Church Adelaide

Address: 88 North Terrace, Adelaide SA 5000

Phone: (08) 8213 7300

Adelaide Zen Group Zendo - Diamond Sangha Tradition

Address: 172 Hutt St, Adelaide SA 5000

Website: <https://www.azg.org.au/>

Australia China Friendship Society SA

Phone: 0437 327 342

Email: acfssa@gmail.com

Indian Australian Association of South Australia

Address: 6 Blamey Ave, Broadview SA 5083

Adelaide Students Toastmasters

Address: Room 601 Nexus Corner of North Terrace and Pulteney Street

Website: <https://adelaidestudents.toastmastersclubs.org/>

Nunkuwarrin Yunti of SA Inc

Address: 190 Wakefield St, Adelaide SA 5000

Phone: (08) 8406 1600

City of Adelaide Local Events

<https://www.cityofadelaide.com.au/community/events/>

Study Adelaide

<https://studyadelaide.com/whats-happening>

Employment services

Randstad Recruitment Agency - Adelaide: Level 1/25 Grenfell St, Adelaide SA 5000, Australia.

Tel: 08 8468 8000. Website:

https://www.randstad.com.au/?utm_source=google&utm_medium=GMB&utm_campaign=Adelaide

Hays - Recruitment Agency Adelaide: Level 17/11-19 Grenfell St, Adelaide SA 5000, Australia.

Tel: 08 7221 4111. Website: <https://www.hays.com.au/>

Study Adelaide

Phone: +61 8 8226 0022

Address: Level 1, 26 Franklin Street, Adelaide, SA, 5000, Australia

Website: <https://studyadelaide.com/jobshop>

Australian Work Force

Address: 21 King William St, Adelaide SA 5000

Phone: 1300 795 965

Adelaide South Employment Facilitator

Contact Person: Leanne Hill

Phone: 0459 860 373

Email: Leanne.hill@employmentfacilitator.com.au

Accommodation support

Unity Housing Company

Address: 300 Gilles Street, Adelaide SA 5000

Phone: 08 8205 3600

Email: central@unityhousing.org.au

Study Adelaide

Website: <https://studyadelaide.com/why-adelaide/life-in-adelaide/accommodation#section-two>

Adelaide Student Housing

Website: <https://adelaidestudenthousing.com.au/property-type/residential-college/>

Website: <https://adelaidestudenthousing.com.au/property-type/apartment/>

Website: <https://adelaidestudenthousing.com.au/property-type/student-hostel/>

Online:

Flatmates: www.flatmates.com.au

Hostel World: www.hostelworld.com

Stayz: www.stayz.com.au

Gumtree: www.gumtree.com.au

Nestoria: <https://www.nestoria.com.au/parramatta/real-estate-properties/rental>

Adelaide Central YHA

Address: 135 Waymouth Street, Adelaide, SA, 5000

Email: stay@yha.com.au

Phone: (+618) 8414 3010

Website: <https://www.yha.com.au/hostels/sa/adelaide/adelaide-backpackers-hostel/>

Financial support

ASIC Money Smart: <https://www.moneysmart.gov.au/>

Access for advice on debt help and getting on track

Sports and fitness activities

City of Adelaide

Website: <https://www.cityofadelaide.com.au/community/sports-fitness/>

F45 Training Adelaide CBD West: Currie St, Adelaide SA 5000, Australia.

Tel: 0423 911 845. Website: <https://f45training.com.au/adelaidecbdwest/home>

Snap Fitness: 100 Pirie St, Adelaide SA 5000, Australia.

Tel: 0488 807 627. Website: <https://www.snapfitness.com/au/gyms/adelaide-cbd>

Zap Fitness 24/7 Rundle Street: Unit 5/187 Rundle St, Adelaide SA 5000, Australia.

Tel: 1300 927 348. Website: <https://www.zapfitness.com.au/>

Goodlife Health Clubs Adelaide City

Address: 81 King William St, Adelaide SA 5000

Phone: (08) 7420 2200

Website: goodlife.com.au

Walking Tracks

Walking Tracks City of Adelaide

Website: <https://www.walkingsa.org.au/walk/find-a-place-to-walk/region/adelaide-city-and-suburbs/>

River Torrens Linear Park Trail

Address: Henley Beach to Athelstone, Henley Beach SA 5022

Phone: (08) 7424 7677

Cycling Tracks

Website: <https://southaustralia.com/travel-blog/8-must-cycle-bike-trails-in-adelaide-and-south-australia>

ANNA MEARES BIKEWAY

Address: Adelaide Airport to Tapleys Hill Road.

Website: <https://www.walkingsa.org.au/walk/find-a-place-to-walk/anna-meares-bike-path/>

REECE JENNINGS BIKEWAY

Address: Anna Meares bikeway to the Reece Jennings bikeway which takes you 4kms from Tapleys Hills Road to Glenelg.

Website: <https://www.walkingsa.org.au/walk/find-a-place-to-walk/reece-jennings-bikeway/>

CAPTAIN MCKENNA PATHWAY

Address: Continue on from Reece Jennings for 3.9 kms from Glenelg back to Adelaide Airport along the Captain McKenna Pathway.

Website: <https://www.walkingsa.org.au/walk/find-a-place-to-walk/captain-mckenna-pathway/>

MIKE TURTUR BIKEWAY

Address: Glenelg tramline from South Terrace on the edge of the city of Adelaide through to Glenelg for 10 kms.

Website: <https://www.walkingsa.org.au/walk/find-a-place-to-walk/mike-turtur-bikeway/>

SPORTS FIELDS

University Sports Fields

Address: North Adelaide SA 5006

Phone: (08) 8313 5403

Williams Sports Field

Address: Hatswell St, Hackney SA 5069

Phone: (08) 8404 0400

Childcare

City West Child Care Centre

Address: 222-228 Waymouth St, Adelaide SA 5000

Phone: (08) 8417 4200

Website: <https://www.tafesa.edu.au/services/child-care/city-west>

Guardian Childcare & Education Flinders Street

Address: 50 Flinders St, Adelaide SA 5000

Phone: 13 82 30

Website: <https://www.guardian.edu.au/>

Halifax Street Children's Centre & Preschool: 257 Halifax St, Adelaide SA 5000, Australia.

Tel: 08 8223 2240. Website: <https://halifaxchildren.sa.edu.au/>

Rose Park Community Childcare: 22 Watson Ave, Rose Park SA 5067, Australia.

Tel: 08 8332 1791. Website: <https://roseparkcc.org.au/>